

Psalm 1 Discussion

1. When has peer pressure influenced your attitudes or actions?
2. What's most important to you about your friendships with Christians?
3. What activities does the righteous person avoid? (1:1-3)
4. How does the psalm writer connect delight and meditation? (1:2)
5. What is necessary to have a "happy" life according to this psalm? Do you think the psalmist's requirements are easy or hard to follow?
6. In what way is a righteous person rewarded for being righteous? (1:3)
7. What differences are there between righteous people and unrighteous people? (1:3-5)
8. This section says, "What we love, we will spend time with." Does your time with God's Word indicate that you love his Word? How can you continue to renew and increase your affection for God's Word when it feels like a burden or duty?
9. What does it mean to meditate on God's law day and night?
10. In what sense does a righteous person "prosper"?
11. What kind of "fruit" should we yield?
12. What specific steps can you take in the next few weeks to demonstrate your delight in God's Word?
13. What concrete action can you take to avoid an unrighteous behavior?
14. What righteous attitude or action would you like to cultivate in your life over this next week?